



**Metro Community
Health Center**

LPC/LCSW (Long-Term Therapy)

Metro Community Health Center extends great benefits to our eligible employees.

MCHC current benefits are:

- MCHC pays 100% of the employee premium for UPMC Medical, United Concordia dental, STD, LTD and Life insurance
- VBA vision coverage is offered as voluntary coverage that is paid for by the employee
- Medical and Dependent Care FSA and HRA
- 2 weeks of paid parental leave
- 20 days (4 weeks) of PTO for your 1st two years
- 12 paid holidays
- 401k with a 4% match

POSITION SUMMARY:

The therapist functions as a core member of Metro's Integrated Mental Health Team, providing comprehensive mental health care in collaboration with the patient's primary care provider, a psychiatrist, and the program's care coordinator. Their responsibilities include delivering individual and group therapy for patients' overall mental well-being, encompassing the management of chronic physical and mental illnesses, depression, anxiety, trauma/PTSD, grief, and SMI (bipolar disorder, schizophrenia, personality disorders). The therapist is committed to offering knowledgeable and affirming care to a diverse urban under-served population, including individuals from BIPOC, immigrant, and LGBTQI+ communities. Therapist will provide therapy for children, adolescents and adults. Additionally, the therapist actively supports the care coordinator in coordinating and facilitating mental health care within the primary care side of the clinic, as well as organizing resources and referrals to services outside the clinic as directed.

ESSENTIAL FUNCTIONS:

- Provide patient-centered, trauma-informed, and culturally competent mental health care in a primary health care setting to children, adolescents, and adults.
- Work collaboratively in a team with program psychiatrist/director, other therapist(s), care coordinator, and patients' Primary Care Providers (PCP's).
- Provide clinical intake assessment, screening, and evaluate patients for typical mental health and substance use disorders, referring to outside services when indicated (e.g., rehab, detox, suboxone/methadone, IOP/PHP, support groups/meetings, mental health clubhouses).

- Conducts psychosocial needs assessments and connects them to internal and external resources (e.g., case management services, housing support, food pantries and emergency food boxes, transportation, supported employment, etc.).
- Provide psychoeducation about common physical, mental health, and substance abuse disorders and treatment options.
- Provide evidence-based treatment and individual and group therapies (i.e., CBT, Behavioral Activation, Motivational Interviewing, Prolonged Exposure Therapy, IPT, DBT skills, etc.).
- Monitors and assesses patient's in person clinical symptoms and treatment needs, and communicate changes to the Mental Health Team.
- Provide/facilitate access to in-clinic or outside resources or referrals when indicated.
- Engage in regularly scheduled group and individual supervision with the Mental Health Team Manager/Director.
- Participate in weekly consultations between Mental Health Team and patients' PCP's focusing on high-risk and high-need patients.
- Utilize an Integrative care approach with all mental, physical, and oral health staff.
- Facilitate patient engagement and follow-up in care.
- Track patient follow-up and clinical outcomes using a registry, and use the system to identify patients with higher risk/needs, and re-engage patients who have fallen out of care.
- Document patient progress, treatment, and recommendations in the electronic medical record.
- Complete documentation and billing in a timely manner.
- Generate and update patient treatment plans, addressing whole-patient needs, various life-domains that can facilitate improved patient well-being and quality of life.
- Do step-down care with decreased frequency of visits as patients improve, and complete relapse-prevention plans with patients in remission.
- Complete discharge summaries for patients who no longer require this level of care, or who exit treatment for other reasons.

POSITION REQUIREMENTS:

Skills/Abilities

- Demonstrated experience in working collaboratively with patients and other health care professionals.
- Demonstrated success in providing clinical care and support within an organization of comparable pace and complexity
- Demonstrated success in managing difficult patient situations, including conflict resolution and de-escalation.
- Demonstrated success and familiarity with tools, technology, and systems typically found within health care environments (i.e. personal computer skills, spreadsheets, word processing, patient records systems, EMR systems, etc.)
- Second language a plus.
- QTPOC encouraged to apply

Education/Experience

- Successful completion of an approved Social Work, Clinical Counseling, or Clinical Psychology program required.
- Currently an actively certified Licensed Clinical Social Worker, Licensed Professional Counselor, or Licensed Clinical Psychologist.
- Successful passing of Child Abuse and FBI Clearance.
- Minimum of two years of clinical social work or clinical psychology experience in a community health care environment
- Knowledge of principles, theories, values, and ethics of Mental Health treatment practices, including SBIRT, motivational interviewing, and other evidence-based methodologies.
- Must be committed to providing high quality care to underserved and diverse populations.
- Must be LGBTQI+ knowledgeable of affirming care.
- At least 1 day of evening hours is required.
- Significant knowledge of the impact of how medical ailments affect mental health, and vice versa.

Physical Requirements:

While performing the duties of this job, the employee is regularly required to sit; use hands to manipulate objects, tools or controls; reach with hands and arms; and talk and hear. The employee must frequently lift and/or move up to 10 pounds and occasionally lift and/or move up to 50 pounds. Specific vision abilities required by this job include close vision, distance vision, peripheral vision, depth perception and the ability to adjust focus. Noise level in the work environment is usually quiet.