



## Metro Community Health Center



### **Licensed Clinical Social Worker (LCSW)**

**Metro Community Health Center extends great benefits to our eligible employees.**

**MCHC current benefits are:**

- MCHC pays 100% of the employee premium for UPMC Medical, United Concordia dental, STD, LTD and Life insurance
- VBA vision coverage is offered as voluntary coverage that paid for by the employee
- Medical and Dependent Care FSA and HRA
- 2 weeks of paid parental leave
- 20 days (4 weeks) of PTO for your 1st two years
- 12 paid holidays
- 401k with a 4% match

#### **POSITION SUMMARY**

The LCSW functions as a core member of a collaborative care team that involves the patient's primary care provider, a psychiatric consultant, and, when available, other mental health providers in the primary care clinic. The LCSW is responsible for coordinating and supporting mental health care within the clinic and for coordinating referrals to clinically indicated services outside the clinic. The behavioral health care professional may provide evidence-based treatments or work with other mental health providers when such treatment is indicated.

#### **DUTIES AND RESPONSIBILITIES**

- Support and closely coordinate mental health care with the patient's primary care provider and, when appropriate, other treating mental health providers.
- Screen and assess patients for common mental health and substance abuse disorders.
- Provide patient education about common mental health and substance abuse disorders and available treatment options.
- Monitor patients (in person or by telephone) for changes in clinical symptoms and treatment side effects or complications.
- Support psychotropic medication management prescribed by PCPs, focusing on treatment adherence, side effects and other complications, and effectiveness of treatment.
- Provide brief interventions using evidence-based techniques such as Behavioral Activation, Problem-Solving Treatment, Motivational Interviewing, or other treatments appropriate for

primary care settings.

- Provide or facilitate in-clinic or outside referrals to evidence-based psychosocial treatments (e.g., CBT, IPT) as clinically indicated.
- Participate in regularly scheduled (usually weekly) caseload consultation with the psychiatric consultant and communicate resulting treatment recommendations to the patient's PCP.
- Consultations will focus on patients new to treatment or who are not improving as expected.
- Facilitate patient engagement and follow-up in care.
- Track patient follow-up and clinical outcomes using a registry. Document in-person and telephone encounters in the registry and use the system to identify and re-engage patients.
- Document patient progress and treatment recommendations in the registry so they can be easily shared with PCPs, the psychiatric consultant, and other treating providers.
- Facilitate treatment plan changes for patients who are not improving as expected in consultation with the PCP and the psychiatric consultant. These may include changes in medications or psychosocial treatments or appropriate referrals for additional services.
- Facilitate referrals for clinically indicated services outside the primary care clinic (e.g., social services such as housing assistance, vocational rehabilitation, mental health specialty care, substance abuse treatment).
- Complete relapse prevention plan with patients who are in remission.

## **REQUIREMENTS**

### Credentials/Experience

- Successful completion of an approved Social Work program required.
- Currently a Licensed Clinical Social Worker certification
- Minimum of two years clinical social work experience in community health care environment
- Extensive knowledge of principles, theories, values, and ethics of Behavioral Health treatment practices, including SBIRT, motivational interviewing, and other evidence-based methodologies.
- Must be committed to providing high quality care to underserved and diverse populations.
- Some weekend and evening hours may be required.
- Demonstrated experience developing practice guidelines that are dependent on knowing what the aspects of the situation look and sound like in actual patient situations.
- Demonstrated success in providing clinical care and support within an organization of comparable pace and complexity
- Demonstrated success in managing difficult patient situations, including conflict resolution training
- Significant knowledge of medical practices and procedures within in a primary care environment
- Demonstrated success and familiarity with tools, technology, and systems typical found within most progressive health care environments (i.e. personal computer skills, spreadsheets, word processing, patient records systems, EMR systems, etc.)
- Second language a plus.

### Physical Requirements

While performing the duties of this job, the employee is regularly required to sit; use hands to

manipulate objects, tools or controls; reach with hands and arms; and talk and hear. The employee must frequently lift and/or move up to 10 pounds and occasionally lift and/or move up to 50 pounds. Specific vision abilities required by this job include close vision, distance vision, peripheral vision, depth perception and the ability to adjust focus.